Your Guide to Discovery and Understanding

Gunung Mulu National Park is a unique and fragile environment. How you behave in Mulu will make a difference. Please treat this World Heritage Area with respect by following the A to H guide.

- Accept responsibility for the environment in which you travel
- Be aware of your impacts on the environment and community and try to minimize them
- Choose wisely when deciding which activities are right for you
- Don’t do things you would never do at home
- Explain to others why you choose to behave in this positive way
- Find out and learn more about Mulu
- Guide others who are not as informed as you by setting a good example
- Help us to protect Mulu

For your safety
- Follow instructions and heed warnings
- Let staff know when you leave, where you are going and when you plan to return
- Wear good hiking shoes
- Take plenty of water and a snack
- Carry your personal first aid kit

For Mulu’s Protection
- Please be aware that it is an offence to:
  - Enter the Park without a permit
  - Fish inside the Park
  - Kill capture, poison or disturb any animal
  - Cut, remove or damage any plant or light a fire
  - Litter - do not leave any litter behind.

Bookings are essential for all guided walks

Cancellation by the Park Staff
- If the trek is cancelled before leaving the Park Office then there will be a full refund.
- Once you have left the Park Office there will be no refund for the tour, not going all the way (due to poor fitness levels, high water levels, sickness, accident in any other reason).

The Mulu Canopy Skywalk
at 440 metres long is the longest tree-based walkway in the world. As you walk among the ferns and vines 16 - 30 metres above the forest floor and inter you can enjoy this unique opportunity to get close to the rainforest web of life. Compare the vegetation of the mature forest floor to the understorey, the藤throp and the nearby limestone cliffs.

Guided tours leave the office daily; the return trip will take approximately 2 hours. Bookings are essential and group sizes are limited to 8 persons.

The Night Walk
After venturing emerged from the water around 340 million years ago, the land became more and more connected with large herbivores and predators. However, a rich habitat remained available to those species that developed their abilities to find food and avoid predators at night. You too can join the thousands of species that use this time to hunt, nest and raise their young. The 2 hour Night Walk tour starts at 7:00pm / 7:30pm and bookings are essential.

Garden of Eden
The Garden of Eden Valley Walk is a full day tour starting from the office at 9:30am. The walk takes you to an enclosed valley that can be entered only via Deer Cave. From the Garden of Eden pool you will follow the Eden River; jungle trekking to more rock pools where you can swim and enjoy your picnic lunch before returning to Deer Cave.

This approximately 12km trail leads you over slippery terrain, but guano and through water. After exiting Deer Cave, your guide will show you Lang Cave and leave you at the Bat Observation. You can then decide to watch the Bat Exodus or make your way back to Park Office via the Deer Cave walk when you are ready.

The Mulu Summit Walk
This covered 24 kilometre and climb to an altitude of 1400 metres above sea level from a mere 210m here on the edge path. Taking a minimum of 4 days this is the longest trekking activity in the Park. The ascent of the Mulu Summit is the most challenging of all the treks and offers Rewards for the effort.

Enjoying the view from the Peak Trail provides a breathtaking mountainous scene. From the Mulu Peak Trail, you will have a view of Mount Borneo, the highest peak in Malaysia.

All guided treks must be booked in advance and depend upon the availability of guides.