Advanced Adventure Caving

is a tour for visitors who -
- Can demonstrate current membership of an internationally recognised speleological society or caving group, or
- Can provide details of *previous caving experience, or
- Have completed one of the intermediate caving tours ** at Mulu first.

Minimum previous experience is described as an expedition of at least a 2 hour duration in a wild cave which has no lighting or pathways.

**Verifiable written evidence of such participant’s previous caving experience and S.R.T. experience must be provided to the Park Manager for his approval. It should list the caves visited, their location, and describe the trip i.e. vertical rope work, crawling in confined spaces, climbing, swimming, horizontal or vertical systems.

** If you do not have previous experience you can go to intermediate level caving first where your guide will assess your abilities and if successful an advanced adventure caving trip can be organised.

Beginner / Intermediate (Minimum age) 12 yrs
Advanced 16 yrs

Please remember to bring drinking water!

Reservations are essential
Cancellation fees may apply
Approved footwear is essential

For your safety and comfort:
Light and patterns are provided
that will assist you in getting
out of the caves.

Discover the difference.
Understand the importance.

All adventure caving must be booked in advance and depends upon the availability of guides.

Lagangs Cave (beginner/intermediate)
This is an ideal adventure for students and family groups. After the 15 minute boat ride from the Park Office, another 10 minute walk through the rainforest brings you to the cave entrance. You will have your guide through the cave, climbing up and down on walkways or the aid of ropes. This tour does not require any prior experience. The price for adventure caving activities is per person based on a minimum of 5 persons. The 4th being your guide.

Total time 3 to 4 hours.

Racero Cave (intermediate)
After a 25 minute boat ride from the Park Office your underground journey will take about 2 hours depending on how many are in your group. The more people in the group (maximum of 8) the longer the tour will be. Your Park Guide will lead you through the cave climbing up and down on the walkways or the aid of ropes. This tour does require a reasonable amount of upper body strength but most moderately fit people can do it.

Life in the dark will amaze you on most trips you will encounter a variety of odd shaped insects adapted to survive in the underground world where beautiful blue/white/grey Racero Snakes have learned how to catch a meal of bats or bats as they fly in the darkness.

Enjoy the great feeling that comes with discovering your abilities and meeting a physical challenge.
Total time 3 to 4 hours.

Other Adventure Caving opportunities

Intermediate -
- Dukung Forest Cave (4 hours)
- Kampong Cave (4 to 5 hours)
- Stonehenge Cave (4 to 5 hours)

International safety standards require that all caving groups have a minimum of 6 persons; therefore, the prices for adventure caving activities are per person based on a minimum of 5 persons, with the 4th being your guide.

The Clearwater Revival (intermediate)
The Clearwater Revival tours begin with a Wind and Clearwater Caves before stepping off the boardwalks to journey through underground passageways as experienced by our most advanced cavers. Depending on the river levels you will walk, swim and climb to the far reaches of the system returning along the same passage. Note the tour is weather dependent and participants must be able to swim.

Please note: Clearwater & Cave of the Winds show caves included here.

Clearwater Connection (advanced)
A longer trip which, depending on fitness, takes from 6 to 8 hours to complete (larger groups take more time). Beginning in the show cave section of The Cave of the Winds you will leave the same pathways behind and venture into the wild passageways of this over 200m long cave system. You will enter into a rock box of boulders and it requires some climbing up and down on the muddy slopes. Areas that are hazardous have fixed ropes and guides carry personal ropes to assist you in sections that require climbing. For many the 1.5km from section at the end is the highlight as it is exceptionally beautiful and refreshing after the hard caving. Note: on tour is weather dependent and participants must be able to swim.

Sarawak Chamber overnight at Camp 1 (advanced)
Sarawak Chamber overnight at Camp 1 is a challenging tour of 15m. Arriving at Gua Nibut Baja after a 3 hour trek, you proceed along a river channel with sheer rock faces rising to 30m. Following a 200m traverse, the tour then proceeds up a steep boulder slope to the entrance of the chamber where you stop, overshadowed by the Earth’s largest enclosed space, too large to be lit by any single light. A highlight is spending the night at Camp 1 deep in the rainforest. Our staff will help you plan the trip and suggest departure times, food requirements, etc. If the guide predicts the water levels to be too high, an alternative caving experience will be suggested. Your ability to swim is essential.