

## Your Guide to Discovery and Understanding

Gunung Mulu National Park is a unique and fragile environment. How you behave in Mulu will make a difference. Please treat this World Heritage Area with respect by following the A to H guide.

- Accept responsibility for the environment in which you travel
- Be aware of your impacts on the environment and community and try to minimize them
- Choose wisely when deciding which activities are right for you
- Don't do things you would never do at home
- Explain to others why you choose to behave in this positive way
- Find out and learn more about Mulu
- Guide others who are not as informed as you by setting a good example
- Help us to protect Mulu

Thanks for doing your part to ensure Mulu is protected for our children and others to enjoy



# MULU ...

### For your safety

- Follow instructions and heed warnings.
- Let staff know when you leave, where you are going and when you plan to return.
- Wear good hiking shoes.
- Take plenty of water and a snack.
- Carry your personal first aid kit.

### For Mulu's Protection

Please be aware that it is an offence to:

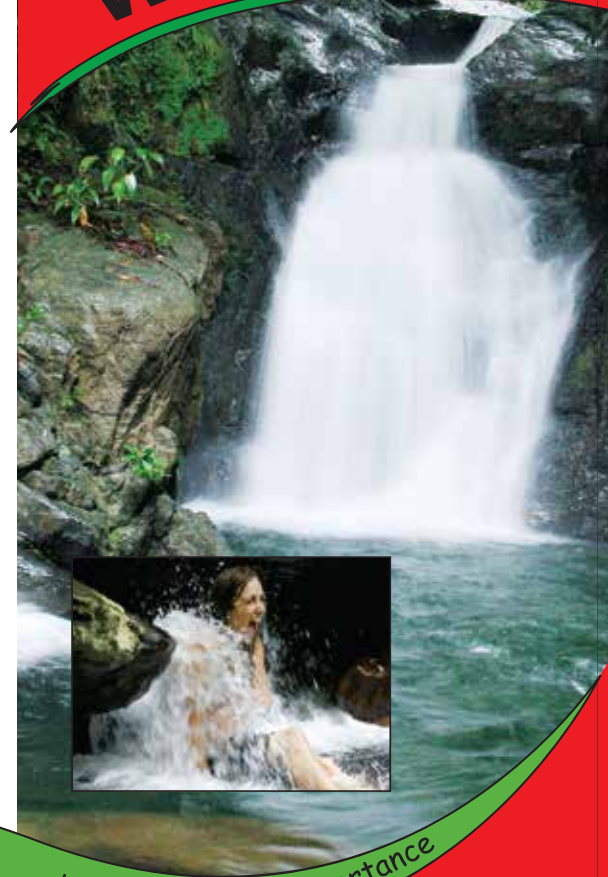
- Enter the Park without a permit.
- Fish inside the Park.
- Kill, capture, poison or disturb any animal.
- Cut, remove or damage any plant or light a fire.
- Litter - do not leave any litter behind.

### Bookings are essential for all guided walks

### CANCELLATION BY THE PARK STAFF

- If the trek is cancelled before leaving the Park Office then there will be a full refund.
- Once you have left the Park Office there will be no refund for the tour not going all the way (due to poor fitness levels, high water levels, sickness, accident or any other reason).

## The guided Walks



Discover the difference,

Understand the importance



Information is correct and accurate for November, 2015; future changes to tour content, prices and times may apply.

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### The Mulu Canopy Skywalk

at 480 metres long is the longest tree-based walkway in the world. As you walk among the ferns and vines 10 – 30 metres above the forest floor and river you can enjoy this unique opportunity to get closer to the rainforest 'web of life'. Compare the vegetation of the riverine forest floor to the understorey, the treetops and the nearby limestone cliffs.

Guided tours leave the office daily; the return trip will take approximately 2 hours. Bookings are essential and group sizes are limited to 8 persons.

### The Night Walk

After vertebrates emerged from the water around 300 million years ago, the land became more and more crowded with large herbivores and predators. However, a rich habit remained available to those species that developed their abilities to find food and avoid predators at night. You too can join the thousands of species that use this time to hunt, nest and raise their young. The 2 hour Night Walk tour starts at 7.00pm / 7.30pm and bookings are essential.

### Garden of Eden

The **Garden of Eden Valley Walk** is an extension of the Pools tour which takes a full day starting from the Office at 9:30am. Leaving the pools described above, you now climb, walk and swim up the Eden River to a walking trail that winds through a series of waterfalls and rock pools just perfect for a refreshing swim. The secluded valley has few visitors and is an ideal place for a picnic lunch, perhaps some photography, a little exploration or just laying back to enjoy the peace.

After exiting from Deer Cave your Guide will leave at the Bat Observatory and you can then make your way back to the Park Office via the Rainforest Discovery Walk when you are ready. The Valley Walk includes a picnic lunch and refreshments.



**The Mulu Summit Walk** covers 24 kilometres and climbs to almost 2,400 metres above sea level from a mere 27 here on the flood plain!

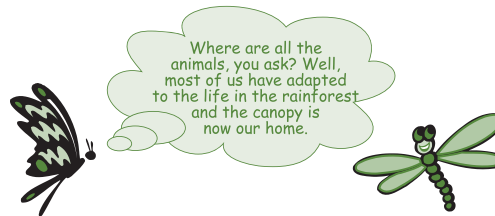
Taking a minimum of 4days/3nights the Summit climb is the greatest challenge that Mulu has to offer - other than overcoming your fear of leeches!

A great variety of habitats including the montane forests with its pitcher plants, conifers and colourful rhododendrons through to the stunted shrub-land at the Summit are your reward for completing the climb - the magnificent views along the way are just a little side bonus. Be prepared to sleep in the very basic forest huts with even more basic cooking facilities which your guide will help you learn to use. You will need to provide and carry your own food and water, sleeping bag and mat as well as anything else you might want to carry.

If this is all too much then perhaps you should hire a local porter to help you because your guide is not your porter or your cook.

For those who don't have 3 nights to spare but would like to experience at least one night roughing it in the rainforest you can arrange for a guide to lead you to **Camp 1** to spend a quiet night. All the same arrangements for the 4 day climb apply - you just don't need as much food!

The forest between the floodplains and **Camp 1** are criss-crossed with many hunting and game trails which make getting lost more than likely, so entering this area without a guide is not permitted.



**All guided treks must be booked in advance and depend upon the availability of guides.**